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First Class Care Launches Professional Training Classes for Domestic Employees



By Local Contributor Today at 11:45 a.m.



First Class Care Academy - Professional Housekeeper Training

“First Class Care Academy is the first training program designed exclusively for nannies, babysitters, housekeepers and house managers in the greater Chicago area,” says Erin Krex, founder and president of First Class Care, a Northbrook-based domestic placement agency. “We’re offering classes in CPR, cooking, behavior management, advanced-level housekeeping and other subjects.”

Krex has partnered with several organizations to provide classes taught by experts in their field with instruction tailored to household staff. The hands-on cooking class, for example, takes place in the demonstration kitchen at Sunset Foods in Northbrook and focuses on recipes for healthy, easy family meals in 30 minutes or less. But it also covers basic skills like measuring and seasoning; various cooking techniques including roasting and sautéing; and food safety procedures.

Krex founded First Class Care Academy as a resource for families who would like their valued domestic employees to acquire new skills. “In these times, families are looking for ways to get more for their money,” says Krex. “Instead of hiring a chef, for example, a family may ask their nanny or housekeeper to take on meal preparation. If she doesn’t have skills in that area, the family can sign her up for Cooking 101 and she’ll learn everything she needs to know to cook delicious meals for the family.”

First Class Care Academy also offers a professional development class to prepare nannies to be competitive in the job market. “Nannies who come to job interviews with portfolios set themselves apart from other candidates,” notes Krex. “In our Professional Development Workshop, in addition to learning interview strategies, participants will create a professional-looking binder with their resume, recommendations, and sample activity schedules they’ve created for children in their care.”

Classes vary from month to month and take place at several locations. A schedule is posted on the First Class Care Academy website <http://www.firstclasscareacademy.com>. Registration is available online or by phone.

First Class Care is the premier full-service domestic placement agency in Illinois <http://www.firstclasscare.com>. For more information about First Class Care Academy, please call Erin Krex at 847-733-2700 or send an email to info@firstclasscare.com. For everything nanny check out <http://www.chicagonannyagency.com>